

## **PROJECT #3**

### **"Food Solidarity – Nourishing for a Better Life"**

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#### **1. Objective of the project:**

The project aims to provide regular food aid to people in precarious situations (homeless people, disadvantaged families, students in difficulty, etc.) in order to fight hunger and strengthen social solidarity.

#### **2. Justification :**

Many people suffer from malnutrition or lack the means to eat properly. This project addresses an urgent need by providing them with concrete assistance, particularly in urban areas where inequality is marked.

#### **3. Target audience:**

- Homeless
- Families in poverty
- Students in financial difficulty
- Isolated elderly people

#### **4. Planned activities:**

- Food collection (from supermarkets, individuals, partners)
- Preparation of balanced food packages
- Weekly or monthly distribution at defined meeting points
- Implementation of a file system for monitoring beneficiaries

## 5. Potential partners:

- Local associations
- Supermarkets, bakeries, markets
- Municipality
- Schools and universities
- Volunteers

## 6. Resources required:

- Foodstuffs (dry, fresh, hygiene)
- Vehicles for transport
- Storage and preparation location
- Volunteer Team
- Financing for logistics costs

## 7. Forecast budget: Monthly

- Additional food purchase: \$2,000
- Transportation and gas: \$500
- Communication (posters, networks): \$200
- Logistics (crates, bags, materials): \$300

**Estimated Total: \$3,000 x 12 = \$36,000**

## 8. Expected results:

- Reduction of food insecurity in the target area
- Creation of a local mutual aid network
- Raising public awareness of the fight against food waste

## 9. Monitoring and evaluation:

- Count the number of beneficiaries each month
- Collect feedback through simple questionnaires
- Evaluate the quantity of food distributed